

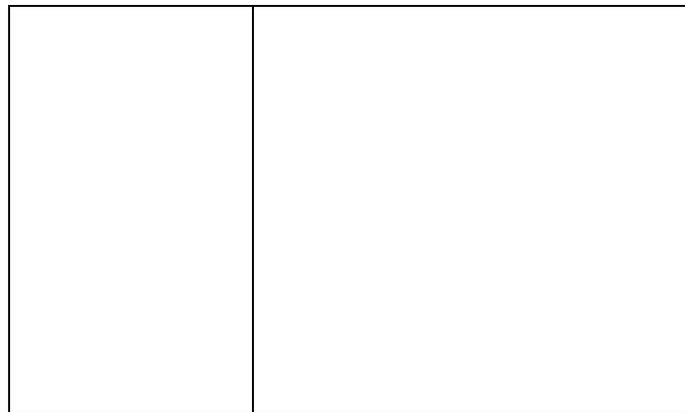
Hans Raj Mahila Maha Vidyalaya, Jalandhar

7.1.11 Report of the Institution celebrating / organizing national and international commemorative days, events and festivals during last five years:

Days/Events	Report	Photograph
Session 2018-2019		
<p>Aayekar Jyoti Rally on Income Tax Day</p> <p>22.07. 2018</p>	<p>The students of PG Deptt. of Commerce and Management along with their teacher incharge Mrs. Binoo Gupta participated in Income Tax Day celebration 2018, organized by Income Tax Department, Jalandhar. Mr. Dalip Singh Rana (The Great Khali) inaugurated the Aayekar Jyoti Rally. Students participated with full enthusiasm and raised slogans like 'Income Tax Pay Karo, Desh Ki Sewa Karo', 'Vandey Matram', etc.</p> <p>http://hmvnews.blogspot.com/2018/07/hmv-participated-in-aayekar-jyoti-rally.html</p>	
<p>Celebrated 158th Income Tax Day</p> <p>30.07.2018</p>	<p>Commerce Club of PG Deptt. of Commerce and Management of Hans Raj Mahila Maha Vidyalaya celebrated the 158th Income Tax Day. Since Income Tax was first levied on 24th July, 1860, it is proposed to celebrate this day as the Income Tax Day. Dr. Mrs. Kanwaldeep Kaur, Dean Academics, HOD Commerce formally welcomed the gathering and said that our department has initiated the step for creating aware and honest citizens of India and for</p>	

	<p>promoting the idea that every citizen should pay tax regularly.</p> <p>http://hmvnews.blogspot.com/2018/07/158th-income-tax-day-celebrated-at-hmv.html</p>	
<p>World Suicide Prevention Day</p> <p>11.09.2018</p>	<p>Freudian Psychological Society of Hans Raj Mahila Maha Vidyalaya observed World Suicide Prevention Day under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. On this occasion, the resource person for the seminar was Dr. Davinder Singh Johal, Head, Department of Psychology, GNDU Amritsar. Dr. Ashmeen Kaur, HOD Psychology welcomed him with a planter.</p> <p>http://hmvnews.blogspot.com/2018/09/hmv-organized-world-suicide-prevention.html</p>	
<p>Celebration of Independence Day</p> <p>14.08.2018</p>	<p>To celebrate Independence Day with unprecedented patriotic fervor, a Poster Making Competition was organized. The students exhibited their patriotic feelings and love for their country through colourful posters. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the students and reminded the students about the sacrifices made by our great freedom fighters. The competition was judged by Dr. Rakhi Mehta, Fine Arts Department, Ms. Anuradha Thakur, Hindi Department, Ms. Jaspreet Kaur, English Department.</p> <p>http://hmvnews.blogspot.com/2018/08/independence-day-celebration-at-hmv.html</p>	

<p>Independence Day celebration</p> <p>15.08.2018</p>	<p>The students of Hans Raj Mahila Maha Vidyalaya, Jalandhar put up a spectacular show during Independence day parade at Guru Gobind Singh Stadium, Jalandhar and received accolades for their outstanding performance in different competitive presentations marking the celebrations. Principal Dr. (Mrs.) Ajay Sareen received the honour from Sports Minister of Punjab, Rana Gurmit Singh Sodhi for the excellent and energetic contributions of the institution to the flagship scheme of the government “Tandaurst Punjab Mission”.</p> <p>http://hmvnews.blogspot.com/2018/08/hmv-wins-overall-trophy-in-72nd.html</p>	
<p>Sending Rakhis to soldiers on the border through Raksha Parv Rath</p> <p>18.08.2018</p>	<p>NCC (Air & Army Wing) organized Aero Modelling Show. Brig. Harmeet Singh Chatwal, Mrs. Parveen Chatwal, Wing Commander Sh. S.K. Sharma and Col. Jasbir Singh graced the occasion. Different aero models were exhibited for students. The cadets of Air Wing flew models of air crafts and gave information about the working of different air crafts Principal Prof. Dr. (Mrs.) Ajay Sareen appreciated the efforts of the cadets and encouraged them to join air force as pilots.</p> <p>http://hmvnews.blogspot.com/2018/08/aero-modelling-show-in-hmv.html</p>	



Senior Citizen Day

19.08.2018

The Holistic Development Cell of Hans Raj Mahila Maha Vidyalaya became the proud host in the celebrations of Senior Citizen Day under the proficient direction of Principal Prof. Dr. (Mrs.) Ajay Sareen, organized by an NGO Trust Udaan Zindagi Ki in collaboration with 92.7 Big FM. Principal Prof. Dr. (Mrs.) Ajay Sareen extended a cordial welcome to the guests and urged the youngsters to revere the elderly people and receive their blessings.

<http://hmvnews.blogspot.com/2018/08/senior-citizen-day-celebrated-at-hmv.html>



**Akshay Urja
Diwas**

23.8.2018

'Ecomatic' Akshay Urja Diwas was celebrated in which Various competitions like role play and model preparations were organized. Students displayed 24 models that depicted scientific mechanism for energy conservation. Principal Dr. Sareen appreciated the knowledge, concern and efforts of students and was overwhelmed by the performances. The judges of role play were Dr. Neelam Sharma and Mr. Sushil Kumar and the models were judged by Dr. Seema Marwaha and Mrs. Saloni Sharma.

<http://hmvnews.blogspot.com/2018/08/hmv-collegiate-school-celebrated-akshay.html>



Rakhi Sakhi

24.08.18

Hans Raj Mahila Maha Vidyalaya celebrated the indigenous festival of Raksha bandhan but with a difference. The Innovation Cell and Women Empowerment cell celebrated the festival by tying organic rakhis. Mrs Aashika Jain, Joint Commissioner Municipal Corporation, the Chief Guest tied Rakhi to Principal Prof. Dr. (Mrs.) Ajay Sareen and Principal Dr. Sareen tied rakhi to her. Rakhis were tied by the girls to each other.

<http://hmvnews.blogspot.com/2018/08/rakhi-sakhi-celebrated-in-hmv.html>



<p>Eco-friendly Rakhi Making competition</p> <p>25.08.18</p>	<p>More than hundred students participated in Eco-friendly Rakhi Making competition. Rakhis were made using various biodegradable and organic material like ash gourd seeds, nutshells, plant material, cotton, old clothes, custard apple seeds, paper quills etc. to make colourful and designer Rakhis Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Environment Club for this successful endeavor. The judges of the event were Mrs. Saloni Sharma, Dr. Anjana and Dr. Sakshi.</p> <p>http://hmvnews.blogspot.com/search?q=Eco-friendly+Rakhi+Making+competition+</p>	
<p>Jashn-e-Ustaad Teachers day</p> <p>05-09-2018</p>	<p>Adding another milestone to its history, the students of Hans Raj Mahila Maha Vidyalaya organized Jashn-e-Ustaad under the benign guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. Dating back to 1962, the birthday of S. Radhakrishnan is being celebrated as a Teacher's Day and it is a great honour that the inauguration of HMV was done by Sh. Radhakrishnan. Principal Dr. Sareen was accorded a warm welcome by the organizing committee. Highlighting the relevance of Teacher's Day in the present context, Principal Dr. Ajay Sareen spoke at length about the intensity and piousness of student-teacher relationship.</p> <p>http://hmvnews.blogspot.com/2018/09/jashn-e-ustaad-organized-at-hmv.html</p>	

International Literacy Day organized

08.09.2018

On 8th September, 2018, International Literacy Day was celebrated by Planning Forum under Deptt. of Economics of Hans Raj Mahila Maha Vidyalaya under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. Mr. Jitender Jorwal, IAS, ADC Development, Jalandhar graced the occasion as the chief guest. Dr. Kanwaldeep Kaur, Dean Academics, Dr. Ramnita Dean Innovations and faculty members of department of Economics gave a warm welcome to the distinguished dignitaries.

<http://hmvnews.blogspot.com/2018/09/international-literacy-day-celebrated.html>



Hindi Diwas

14.09.18

Department of Hindi organized a caption writing competition to celebrate Hindi Diwas. Students from various streams actively participated in the contest and proved their caliber. Madam Principal congratulated the faculty members of Hindi Deptt. and addressed that Hindi is language of one and all. It is a language that is used to express one's feelings and it is the need of the hour to respect this language. On this auspicious day all the faculty members, Non-teaching and students tied 'Bandhan' and pledged to respect Hindi language and also to take it to higher level.

<http://hmvnews.blogspot.com/2018/09/hmv-celebrated-national-language-hindi.html>



A tribute to Mahatma Gandhi

02.10.2018

A special prayer was organized by the resident scholars to celebrate the 150th birth anniversary of Mahatma Gandhi. The programme started with the DAV Gaan. Dr. Rajiv Kumar told the students about the teachings of Mahatma Gandhi. On the occasion, a short movie named 'the other pair' was shown to the students. Principal Prof. Dr.(Mrs.) Ajay Sareen emphasized on the ideologies of Mahatma Gandhi of 'simple living and high thinking'. She encouraged the students to show their good behavior rather than indulging in materialistic world.

<http://hmvnews.blogspot.com/2018/10/hmv-pays-tribute-to-mahatma-gandhi-on.html>



Surgical Strike Day

04.10.2018

NCC Army Wing observed the Surgical Strike Day with great fervor to mark the second anniversary of the Indian Army's surgical strike. The students participated in the campus rally to honor the sacrifice of our brave soldiers. Principal Prof. Dr. (Mrs.) Ajay Sareen said the government recently decided to celebrate two years of the strike as 'Parakarm Parv'. The events like Surgical Strike Day or Parakaram Parv are the great opportunities for us to pay our tribute and gratitude towards the defence forces.

<http://hmvnews.blogspot.com/2018/10/surgical-strike-day-observed-at-hmv.html>



<p>Security Awareness Day 07-10-2018</p>	<p>Security Awareness Day was celebrated by Computer Club of PG Department of Computer Science and IT of Hans Raj Mahila Maha Vidyalaya under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. On this occasion, Poster Making and Slogan Writing competition was organized on the topics e-mail phishing, social networking dangers, secure e-transactions using HTTPs, Logout your login.</p> <p>http://hmvnews.blogspot.com/2018/10/security-awareness-day-celebrated-at-hmv.html</p>	
<p>Green Diwali 29-10-2018</p>	<p>Carrying forward its tradition, Hans Raj Mahila Maha Vidyalaya celebrated Green Diwali- Light the lamp of compassion and Let it glow, under Innovative Cell with the collaboration of District Administration, Jalandhar. It was inaugurated by Deputy Commissioner of Jalandhar Varinder Kumar Sharma, IAS. Principal Prof. Dr (Mrs.) Ajay Sareen welcomed him with a sapling. The objective of celebrating Green Diwali is primarily to check air pollution caused by crackers and also to give a message of compassion and harmony to the society.</p> <p>http://hmvnews.blogspot.com/2018/10/hmv-jalandhar-celebrates-green-diwali.html https://www.5dariyanews.com/news/250222-DC-Underlines-Need-For-Celebrating-Green-And-Eco-Friendly-Diwali</p>	

National Unity Day

31.10.2018

A pledge taking ceremony was organized on National Unity Day in the premises of Hans Raj Mahila Maha Vidyalaya, Jalandhar. A number of students under the banner of NCC, NSS & Red Ribbon Club took the oath to dedicate themselves to preserve & strengthen the unity, integrity & security of the nation. The day was observed as National Unity Day to commemorate the birth Anniversary of Sardar Vallabh Bhai Patel. The oath was administered by Dr. (Mrs.) Anjana Bhatia, Programme Officer NSS.

<http://hmvnews.blogspot.com/2018/10/hmv-observed-national-unity-day.html>



International Men's Day celebrated on the theme 'Together We Can'

19.11.2018

A panel discussion on positive contribution of men to a healthy society was organized on International Men's Day by the Innovation cell. The honourable guest Mrs. Ashika Jain, Joint Commissioner, Municipal Corporation, Jalandhar was presented green greetings by Dr. Kanwaldeep and Dr. Ramnita Saini Sharda. Sharing the concept of celebration of International Men's Day Dr. Ramnita Saini Sharda, Dean Innovation, said that the slogan for discussion was 'Together we can; Together We will; create a better Tomorrow for us all'.

<http://hmvnews.blogspot.com/2018/11/international-mens-day-celebrated-at-hmv.html>



<https://www.facebook.com/hmvoficial/photos/a.293163501048717/732268827138180/?type=3&theater>

वर्ल्ड एड्स डे पर सिग्नेचर्स कर दिए मैसेज

हंसराज महाविद्यालय में दैनिक जागरण व पंजाबी जागरण ने चलाया सिग्नेचर कैंपेन



2 दैनिक जागरण जालंधर, 2 दिसंबर 2018 **जागरण सिटी जालंधर**

World AIDS Day
07.12.2018

World AIDS Day was celebrated by Red Ribbon Club. Students participated in Poster Making competition regarding AIDS awareness. They express their ideas through Slogan's and Pictures about effect of AIDS on our body, cause and precautions of AIDS.
<https://www.facebook.com/hmvoficial/photos/a.293163501048717/736164446748618/?type=3&theater>
<http://hmvnews.blogspot.com/2018/12/world-aids-day-celebrated-by-red-ribbon.html>

एच.एम.वी. के रैड रिबन क्लब में मनाया एड्स डे



विद्यार्थियों के साथ कालेज प्राचार्या प्रो. डा. अजय सरनीन व स्टाफ। (संक्षेप)
जालंधर (कुश): हंसराज महिला महाविद्यालय के रैड रिबन क्लब की ओर से कालेज प्राचार्या प्रो. डा. अजय सरनीन के दिशा-निर्देशन में एड्स संबंधी जागरूकता पैदा करने के लिए वर्ल्ड एड्स डे मनाया गया। इस बारे में जागरूकता फैलाने के लिए पोस्टर मेकिंग प्रतियोगिता का आयोजन भी किया गया जिसमें छात्राओं ने पोस्टर द्वारा एड्स से होने वाले प्रभाव, कारण और बचाव को प्रस्तुत किया। मुक़ाबले में 15 से ज्यादा छात्राओं ने भाग लिया जिसमें से शिफाली शर्मा को पहला, अंकाक्षा शर्मा को द्वितीय, नमीशा को तृतीय और कुलविंदर कौर को सांत्वना पुरस्कार दिया गया। इस अवसर पर रैड रिबन इंचार्ज श्रीमती कुलजीत कौर और स्कूल को-ऑर्डिनेटर मीनाक्षी स्याल ने छात्राओं को प्रेरित किया। इस अवसर पर अवतिका भी उपस्थित थी। पोस्टर मेकिंग प्रतियोगिता में गरीमा, साक्षी, कृतिका, सिमरन, बलजीत कौर, जशिका, महक, कनिका और कुलविंदर कौर ने भी भाग लिया।
Sat, 08 December 2018
जालंधर सवेरा dainiksaveratimes.epapr.in/c/347

International Human Rights day
10.12.2018

Science department organized a poster making and slogan writing competition on the occasion of International Human Rights Day. Principal Dr. (Prof.) Mrs. Ajay Sareen appreciated the efforts and said that every individual should be aware about fundamental human rights as they are based on shared values like dignity, quality, respect and indepenence.



National Mathematics Day

28.12.2018

The PG Deptt. of Mathematics of Hans Raj Mahila Maha Vidyalaya organized Poster Presentation competition on National Mathematics Day. The themes were 'Indian Mathematics', 'Mathematics for Life' and 'Applications of Mathematics'. The students of Graduation, Post graduation and Collegiate School presented beautiful posters on these themes. In Collegiate category, Km. Vaishanvi of SSC I Arts got first prize, Km. Muktanksha of SSC II Non Medical got second prize and Km. Kajal of SSC II Non Medical got third prize

<https://www.facebook.com/hmvoficial/photos/a.293163501048717/747951772236552/?type=3&theater>

<https://www.facebook.com/hmvoficial/photos/a.293163501048717/747412482290481/?type=3&theater>

एच.एम.वी. में मनाया राष्ट्रीय गणित दिवस



चौथे से दशम तक के विद्यार्थियों के प्रतिभा को प्रदर्शित करने के लिए एच.एम.वी. में राष्ट्रीय गणित दिवस मनाया गया। विजेताओं को प्रशंसित किया गया।

NEWS AT A GLANCE
National Mathematics Day celebrated at HMV

JALANDHAR: The PG Deptt. of Mathematics of Hans Raj Mahila Maha Vidyalaya organized Poster Presentation competition on National Mathematics Day. The themes were 'Indian Mathematics', 'Mathematics for Life' and 'Applications of Mathematics'. The students of Graduation, Post graduation and Collegiate School presented beautiful posters on these themes. In Collegiate category, Vaishanvi of SSC I Arts got first prize, Muktanksha of SSC II Non Medical got second prize and Kajal of SSC II Non Medical got third prize. In college category, Swati of B.Sc. Non Medical Sem. V and Samanta Rana of M.Sc. Mathematics Sem. III got first prize, Tamanna of BCA Sem. got second prize, Harneet Kaur of B.Sc. Comp.Sc. Sem. I and Harvinderjit Kaur of B.Sc. Eco. Sem. I got third prize, Aanchal of B.Sc. Comp.Sc. Sem. I and Garima of B.Sc. Comp.Sc. Sem. V got consolation prize. The judges were Kuljit Kaur, Dean Holistic, Saloni Sharma, HOD Physics, Shalu Batra, HOD Economics, Shama Sharma, HOD Fine Arts and Gagandeep, HOD Mathematics. Principal Prof. Dr. Ajay Sareen appreciated the efforts of Mathematics Deptt. The winners were awarded by Dean Academics Dr. Kamaldeep Kaur.

अजीत समाचार जालन्धर

PUNJAB

YUGMARG, CHANDIGARH, THURSDAY, DECEMBER 27, 2018

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Celebration of Lohri Dhiyan Di

12.01.2019

Setting up novel traditions and leading the way to women empowerment, Hans Raj Mahila Maha Vidyalaya, the premier institute of North India, celebrated 'Lohri Dhiyan Di' under the vibrant leadership of Principal Prof. Dr.(Mrs.) Ajay Sareen in collaboration with Sarv Sukh Sewa Mission.

<http://hmvnews.blogspot.com/2019/01/hmv-celebrated-lohri-dhiyan-di.html>



Celebration of Birth Anniversary of Netaji Subash Chander Bose

23.01.2019

The Student Council of Hans Raj Mahila Maha Vidyalaya organized a programme on the 122nd Birth Anniversary of Netaji Subhash Chander Bose. Chief Guest of the occasion was Dr. Shobha Gulati from St. Soldier Law College. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed her with a planter.

<http://hmvnews.blogspot.com/2019/01/student-council-of-hmv-celebrated-birth.html>



National Voter's Day under the aegis of District Election Office, Jalandhar

25.01.2019

National voter' Day was celebrated with enthusiasm. This event was graced by the chief Guest Sh. Varinder Kumar Sharma, (DC Cum DEO), Dr. Sanjeev Sharma, SDM I Jalandhar, Sh. Baljinder Singh, PCS, DDLG, Smt. Navneet Bal, PCS SDM Shahkot, Sh. Jatinder Jorwal, IAS ADC (Development), Sh. Jasbir Singh, ADC (General) and Dr. Narinder, Registrar GNA University.

<http://hmvnews.blogspot.com/2019/01/9th-national-voters-day-organized-at-hmv.html>



Martyrdom Day of Mahatma Gandhi Observed

31.01.2019

The student Council of Hans Raj Mahila Maha Vidyalaya Jalandhar observe the Martyrdom day of father of nation Mahatma Gandhi. Two minutes of silence was observed in the memory of those who gave their lives in the struggle for nation's freedom.

<http://hmvnews.blogspot.com/2019/01/martyrdom-day-observed-in-hmv.html>



International women's day

08.03.2019

Chandrayaan Vipnet Club, physics department celebrated International women's day in association with fine arts department.

Various competitions like card making, painting, flower making, pot designing, photography, best out of waste, cooking without fire were organized to enhance the artistic qualities of the students. 200 students of different classes of the college participated in the event.

<http://hmvnews.blogspot.com/search?q=Chandrayaan+Vipnet+Club%2C+physics+department+celebrated+International+>
<http://ptbnews.in/international-womens-day-celebrated-with-competitions-at-hmv-college-jalandhar/>



National Science Day

09-03-2019

C.V. Raman Science Society of Hans Raj Mahila Maha Vidyalaya under the able guidance of Principal Prof. Dr.(Mrs.) Ajay Sareen celebrated National Science Day on the Theme- "Science for People and People for Science." More than 550 students of Botany, Biotechnology, Bioinformatics, Chemistry, Physics and Zoology Department participated in activities organized by each Science department.

<http://hmvnews.blogspot.com/2019/03/national-science-day-celebrated-in-hmv.html>



<p>World Sparrow Day celebrated</p> <p>20.03.2019</p>	<p>World Sparrow Day was celebrated by the Innovation Cell. Principal Dr, Ajay Sareen expressed her concern that the house sparrows are vanishing from our environment and the need of the hour is to take immediate and effective steps to safeguard the life of these birds. Dr. Ramnita Sharda, Dean Innovation Cell told students that we need to ensure the safety of birds.</p> <p>http://hmvnews.blogspot.com/2019/03/world-sparrow-day-celebrated-at-hmv.html</p>	
<p>International Water Day celebrated</p> <p>22.03.2019</p>	<p>The Student Council and Multimedia Club celebrated International Water Day by organizing various inter-class competitions on the theme 'Water is Life-Save it'. These events were adjudged by students.</p> <p>http://hmvnews.blogspot.com/2019/03/international-water-day-celebrated-at.html</p>	
<p>Shradhanjali Samaroh for Shaheed-e-Azam on martyrdom day</p> <p>23.03.2019</p>	<p>The Student Council of the college organized Shradhanjali Samaroh to pay homage to Shaheed Bhagat Singh, Rajguru and Sukhdev, the great freedom fighters of our country. On this occasion, Principal Dr. Ajay Sareen, faculty members, non-teaching staff members and students lit the candles to pay tribute to the freedom fighters.</p> <p>http://hmvnews.blogspot.com/2019/03/shardhanjali-samroh-for-shahed-e-azam.html</p>	

<p>International Yoga Day 21.06.2019</p>	<p>International Yoga Day was celebrated in the premises of Hans Raj Mahila Maha Vidyalaya, Jalandhar with great enthusiasm under the aegis of 2nd Pb. Girls Batallion, NCC Jalandhar. The Yoga Day celebrations were presided over by Dr. Satish Sharma, Director, DAV College Managing Committee, New Delhi, Mrs. Kusum Sharma & Principal Prof. Dr. (Mrs.) Ajay Sareen. Under the guidance of Commanding Officer Col. Jasbir Singh & Adm. Officer Major Viji, the Yoga asans were practised by Lt. Keemti.</p> <p>http://hmvnews.blogspot.com/2019/06/international-yoga-day-celebrated-with.html</p>	
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<p>Session 2017-18</p>		
<p>Organic Rakhi 06-08-2017</p>	<p>Environment Club of college, celebrated Organic Rakhi On this occasion, eco-friendly Rakhis made by tribal women were promoted for sale. Principal Prof. Dr. (Mrs.) Ajay Sareen said that such endeavours are a step towards organic and eco-friendly living. These Rakhis hold an indigenous seed in it, so it symbolized the environmental conservation along with strengthening of bonds.</p> <p>http://hmvnews.blogspot.com/2017/08/organic-rakhi-celebrated-at-hmv.html</p>	

<p>Participation in Independence Day Parade</p> <p>15.08.2017</p>	<p>NCC Army wing cadets Bharti and Neha won commendation certificate in Independence Day parade. Air wing drill team comprising of cadets Tanvi, Priya, Veerpal and Mansi sharma won first prize in drill in Independence day parade.</p> <p>http://hmvnews.blogspot.com/2017/08/ncc-air-wing-cadets-of-hmv-won-best.html</p>	
<p>International Literacy Day</p> <p>08.09.2017</p>	<p>Planning Forum celebrated International Literacy Day under the Department of Economics. The celebrations were marked by the poster making competition. Students of Mass Communication & Video Production visited the office of Dainik Bhaskar and learnt about the process of printing. They also visited My FM 94.3.</p> <p>http://hmvnews.blogspot.com/2017/09/international-literacy-day-celebrated.html</p>	
<p>Suicide Prevention Day-Stress Management & Take a moment, to save a life theme-Poster Making Competition</p> <p>11.09.2017</p>	<p>A function was organized by the college on this day by Freudian Psychology Society. The HOD of Psychology, Dr. Ashmeen gave a presentation on stress management to prevent suicides. A poster making competition was also organised on the theme.</p> <p>http://hmvnews.blogspot.com/2017/09/world-suicide-prevention-day-celebrated.html</p>	

Celebration of Birth Anniversary of Shaheed Bhagat Singh

28.09.2017

The Student Council celebrated the Birth Anniversary of Shaheed Bhagat Singh on September 26, 2017 in the form of a role play on the life of S. Bhagat Singh Ji by the office bearers and Task force of Student Council. The tricolor dupatta along with the badge of Bhagat Singh Ji was presented to Madam Principal. The office bearers of the Council distributed the badges to teachers also.

<http://hmvnews.blogspot.com/2017/09/ekangi-presented-on-biography-of.html>



Celebration of World Vegetarian Day

29.09.2017

DD Pant Botanical Society of PG Deptt. of Botany of Hans Raj Mahila Maha Vidyalaya, Jalandhar organized an inter class competition on the occasion of World Vegetarian Day. Competitions on Slogan Writing & Fireless Cooking were organized. The topic of the competition was “Immunity Boosting Platter from the nature”. 50 students participated in Slogan Writing Competition while 40 teams in fireless cooking. On this occasion, Principal Prof. Dr. Mrs. Ajay Sareen laid the stress on importance of vegetarian diet, how the herbs from nature effect our health & how our culture believes in food from nature.

<http://hmvnews.blogspot.com/2017/09/world-vegetarian-day-celebrated-at-hmv.html>



World Mental Health Day

10-10-2017

World Mental Health Day was observed today i.e. on 10th October, 2017 at Hans Raj Mahila Maha Vidyalaya by the department of Psychology. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed the resource person Dr. Vandana Sharma, Professor and Dean of Social Sciences, Punjabi University, Patiala. Dr. Vandana Sharma conducted a workshop-cum-interactive session with the students in which she explained the importance of mental health in an individual's life.

<http://hmvnews.blogspot.com/2017/10/hmv-observed-world-mental-health-day.html>

<https://www.google.com/url?sa=i&url=https%3A%2F%2Ftwitter.com%2FHmvCollege%2Fstatus%2F917929175440166912&psig=AOvVaw0wJZN22ePC5B8UWyBE3KEr&ust=1583397635133000&source=images&cd=vfe&ved=0CAkQjhxqFwoTCPCAI7K2gOgCFQAAAAAdAAAAABAD>



Green Diwali

16-10-2017

Hans Raj Mahila Maha Vidyalaya celebrated Green Diwali: A Breath of Fresh Air under Innovative Cell. It was inaugurated by Deputy Commissioner of Jalandhar Sh. Varinder Kumar, IAS. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed him with a bouquet of flowers. The objective of celebrating Green Diwali is primarily to check air pollution caused by crackers and also to give a message of responsibility towards the environment and human health



	<p>to the society. On this occasion Dy. Commissioner Sh. Varinder Kumar, IAS said that this is an excellent initiative taken by the college.</p> <p>http://hmvnews.blogspot.com/2017/10/hmv-celebrated-green-diwali-breath-of.html</p>	
<p>Hostellers Organized Prabhat Pheri on Gurpurab</p> <p>04.11.2017</p>	<p>The Hostellers of Hans Raj Mahila Maha Vidyalaya organized Prabhat Pheri on the occasion of Birth Anniversary of Sri Guru Nanak Dev Ji, under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The students started Prbahat Pheri at 5.00 a.m. from college hostel and recited Kirtan. Prasad was distributed after the Prabhat Pheri and Langar was organized for Hostellers and staff members. Chief Coordinator Hostel Mrs. Meenakshi Syal encouraged the students to follow the path shown by Guru Nanak Dev Ji and adopt his teachings in life.</p> <p>http://hmvnews.blogspot.com/2017/11/hmv-hostellers-organized-prabhat-pheri.html</p>	
<p>Poster Making and Slogan Writing Competition as a tribute to Shaheed Bhagat Singh</p> <p>08.11.2017</p>	<p>Poster Making and Slogan Writing Competition organized by the History Department under the directions of Principal Prof. Dr. (Mrs.) Ajay Sareen on the Legend of Shaheed Bhagat Singh. Beautiful posters were made and inspirational slogans were written in remembrance of Bhagat Singh.</p> <p>http://hmvnews.blogspot.com/2017/11/poster-making-and-slogan-writing.html</p>	

<p>Rashtriya Ekta Diwas</p> <p>08.11.2017</p>	<p>National Service Scheme Unit of Hans Raj Mahila Maha Vidyalaya, Jalandhar observed Rashtriya Ekta Diwas to commemorate the birth anniversary of Sardar Vallabhbhai Patel, one of the institutors' of the Republic of India. Principal Prof. Dr. (Mrs.) Ajay Sareen directed the NSS unit to organise a "RUN FOR UNITY", with a thought to foster dedication to conserve and empower unity, integrity and security of the nation. She said that its time that the youth upholds the ideals of unity and integrity as envisioned and upheld by Sardar Patel.</p> <p>http://hmvnews.blogspot.com/search?q=run+for+unity</p>	
<p>3rd Constitution Day and 125th Birth Anniversary of Dr. B.R. Ambedkar celebrated</p> <p>08.12.2017</p>	<p>The Postgraduate Department of Political Science celebrated 3rd Constitution Day and 125th Birth Anniversary of Dr. B.R. Ambedkar. Mrs. Nita Malik, Head of Pol.Sc. Deptt. welcomed chief guest of the 3rd Constitution Day Principal Prof. Dr. (Mrs.) Ajay Sareen and Mrs. Meenakshi Syal. Principal Dr. (Mrs.) Ajay Sareen talked about 'Preamble of Indian Constitution'. The constitution of India is the Supreme Law in India.</p> <p>http://hmvnews.blogspot.com/search?q=3rd+Constitution+Day+and+125th+Birth+Anniversary+of+Dr.+B.R.+Ambedkar+celebrated</p>	

Lohri Shagna Di celebrated

12.01.2018

Lohri Shagna Di, the festival of bonfire, was celebrated on the campus of Hans Raj Mahila Maha Vidyalaya. The Chief Guest of the occasion was Mr Sukhi Bath, founder of Punjab Bhawan in Canada. Guest of Honour were Mr Avtar Henry (Junior), M.L.A.; Mr Varinder Walia, Editor Punjabi Jagran and Mr Kulwinder Singh Gakhal. Principal Prof. Dr (Mrs) Ajay Sareen encouraged everyone to celebrate Lohri by ending discrimination between boys and girls. The students of Govt. Sr. Sec. School, Basti Mithu, were also present for the celebration and they were given gifts.

<http://hmvnews.blogspot.com/2018/01/lohri-shagna-di-celebration-at-hmv.html>



Road Safety Drive on Vijay Diwas

14.01.2018

The NCC Unit of Hans Raj Mahila Maha Vidyalaya celebrated Vijay Diwas in collaboration with NCC Air Squadron. NCC cadets of Air Wing participated in a rally with leaflets having slogan on Awareness on Road Accidents and Traffic Discipline Values. The cadets also controlled the traffic at Mahatma Hans Raj Chowk. Principal Prof. Dr (Mrs) Ajay Sareen appreciated the efforts of cadets.

<http://hmvnews.blogspot.com/search?q=Vijay+Diwas+in+collaboration+with+NCC+Air+Squadron.+NCC+cadets+of+Air+Wing+participated+in+a+rally+with+leaflets+having+slogan+on+Awareness>



<p>Basant Panchami celebrated</p> <p>22.01.2018</p>	<p>Hans Raj Mahila Maha Vidyalaya celebrated Basant Panchami with Kite Flying Competition organized by Student Council. The occasion commenced with Saraswati Pujan followed by Saraswati Vandana by the students of Music Dept. Principal Dr (Mrs) Ajay Sareen accorded floral welcome to the chief guest Mrs Saisha Chopra, a Social Activist. Students made the event luminous and scintillating with their colourful dance and Bhangra performance. In the Kite Flying Competition, Aarti and Anjali won first and second prize respectively in Student Category.</p> <p>http://hmvnews.blogspot.com/2018/01/hmv-celebrated-basant-panchami.html</p>	
<p>International Men's Day</p> <p>19-02-2018</p>	<p>The Innovation Cell of Hans Raj Mahila Maha Vidyalaya celebrated the International Men's Day under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. The honourable guest Mrs. Ashika Jain, Joint Commissioner, Municipal Corporation, Jalandhar was given green greeting by Dean Dr. Danwaldeep, Dean Innovation Dr. Ramnita Saini Sharda and Mr. Amarjit Khanna, Office Supdt.</p> <p>http://hmvnews.blogspot.com/search?q=men+day</p>	

Organic Holi
03-03-2018

Organic Holi was celebrated in the premises of Hans Raj Mahila Maha Vidyalaya by the joint efforts of Innovation Cell and Environment Club. The chief guest of the occasion was Justice (Retd.) Sh. N.K. Sud, Chairman Local Committee. Principal Prof. Dr. (Mrs.) Ajay Sareen welcomed him. Justice Sud blessed the students and encouraged them to play safe and organic Holi.
<http://hmvnews.blogspot.com/2018/03/organic-holi-celebrated-at-hmv.html>



CV Raman Science Society celebrated National Science Day
07. 03.2018

CV Raman Science Society of Hans Raj Mahila Maha Vidyalaya celebrated National Science Day under the able guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. On this occasion, Panel Discussion was held on the topic Role of Science and Technology for Better India. The experts were Dr. Sachin Tyagi, Scientist, CSIO, Chandigarh, Dr. Manpreet Singh Bhatti, HOD Botany and Environmental Sciences, GNDU Amritsar and Prof. Dr. Anish Dua, Deptt. of Zoology, GNDU Amritsar.
<http://hmvnews.blogspot.com/2018/03/national-science-day->



	celebrated-at-hmv.html	
<p>International Women's Day (Pledge- "Empowered Women Empower Others")</p> <p>08.03.2018</p>	<p>On the occasion of international Women's Day under the aegis of Principal a pledge was taken for a healthy human, egalitarian and emancipated society. The principal further stressed upon the fact that today's women is progressive. She knows how to take care of relations in the family. The status of women has improved.</p> <p>http://hmvnews.blogspot.com/2018/03/international-womens-day-celebrated-at-hmv.html</p>	
<p>Session of Art of Living on International Women's Day</p> <p>08.03.2018</p>	<p>The Adult Education Society and Women Empowerment Cell of H MV organised a Session on Art of Living. Resource person Archana and her team gave tips on art of Living. 300 students participated in this session. The speaker said that it is important to keep ourselves happy and healthy. It improves mental fitness which helps us to be empowered.</p> <p>http://hmvnews.blogspot.com/search?q=International+Women%E2%80%99s+Day+</p>	 

World Sparrow Day Celebrations

20.3.2018

Innovation Cell of Hans Raj Mahila Maha Vidyalaya celebrated World Sparrow Day. Principal Prof. Dr. (Mrs.) Ajay Sareen expressed her concern that our house sparrows are fast vanishing from our environment and the need of the hour is to take immediate and effective steps to safeguard the life of these birds who have been close companion of humans for numerous centuries. Students of various classes of the college were taken for a nature proximity walk. Mrs. Ramnita Saini Sharda, Dean Innovation Cell initiated the celebrations marking world sparrow day and told students that the birds also feel like us and we need to ensure their safety. She said that we must put water and grain for sparrows on our roof tops and outside our houses.



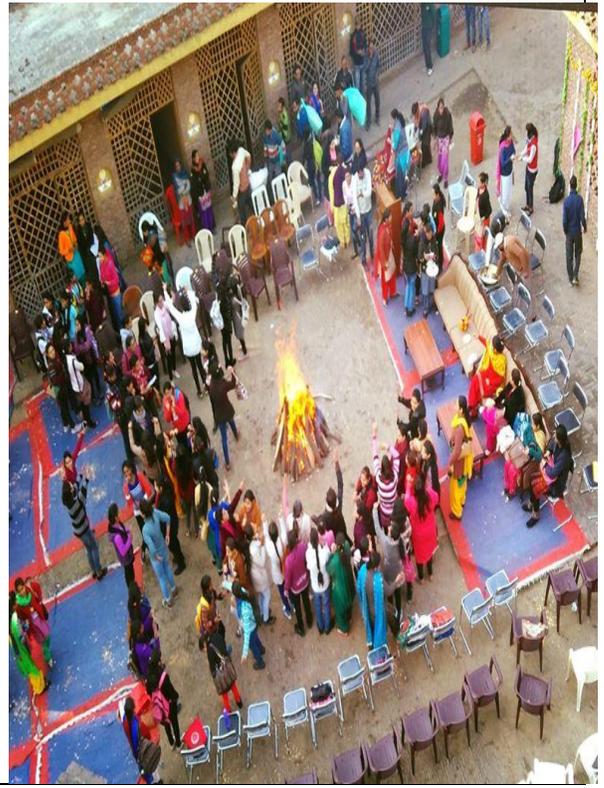
<p>Homage paid to Shaheed Bhagat Singh</p> <p>23.03.2018</p>	<p>The Student Council, in collaboration with Multimedia Club, organized a Poetical Recitation and Digital Poster Making Competition to pay homage to Shaheed Bhagat Singh. Principal Prof. Dr (Mrs) Ajay Sareen welcomed Sh. Arvind Ghai, Secretary, DAVCMC and presented him a mug painted with the image of the great martyr. The members of Student Council distributed badges of Bhagat Singh to the teachers and students. Sh. Arvind Ghai and Dr Ajay Sareen lighted candles in the memory of Shaheed Bhagat Singh and enjoyed the song 'Mera Rang De Basanti Chola' recited by the students of Music Department.</p> <p>http://hmvnews.blogspot.com/2018/03/hmv-students-paid-homage-to-shaheed.html</p>	
<p>Anti Terrorism Day</p> <p>23.05.2018</p>	<p>Anti Terrorism Day was observed at HMV. The students pledged to oppose terrorism and to uphold and promote peace and social harmony. They were inspired by the motivating presence of Brig. IMS Parmar, Mrs Tripat Parmar and ADM Officer Captain Viji.</p> <p>http://hmvnews.blogspot.com/2018/05/anti-terrorism-day-observed-at-hmv.html</p>	

<p>International Yoga Day 21.06.2018</p>	<p>International Yoga Day was celebrated at Hans Raj Mahila Maha Vidyalaya under the able guidance of Honourable Dr. Punam Suri Padamshree and President DAV College Managing Committee, New Delhi. Principal Prof. Dr. Mrs. Ajay Sareen told the students that regular yoga practice leads to better physical, mental and spiritual health of a person. The students learnt various yoga asanas.</p> <p>http://hmvnews.blogspot.com/2018/06/international-yoga-day-celebrated-at-hmv.html</p>	
<p>Chhabeel arranged on Nirjala Ekadashi 24.06.2018</p>	<p>The staff members of Hans Raj Mahila Maha Vidyalaya arranged 'Chhabeel' for public outside the college on the occasion of Nirjala Ekadashi.</p> <p>http://hmvnews.blogspot.com/2018/06/hmv-celebrated-nirjala-ekadashi.html</p>	
<p>Session 2016-17</p>		
<p>Celebration of Independence Week 16.08.2016 to 23.08.2016</p>	<p>The unit of NCC celebrated Independence Week from 16th August to 23rd August, 2016. A series of activities were organized. Patriotic poem writing competition was held on 20th August, 2016. The whole college echoed with the reciting of National Anthem and the students participated in different events with whole-hearted enthusiasm and with a spirit of nationalism.</p> <p>https://www.hrmmv.org/document/s/hmvnews/HMV%20News%20June%202016.pdf (page 17)</p>	

<p>Organic Rakhi 17-08-2016</p>	<p>The Environment Club of Hans Raj Mahila Maha Vidyalaya has taken a step forward towards making the college environmentally and socially advantageous to the region by organizing organic Rakhi event. Principal Dr. Mrs. Ajay Sareen directed the staff and students to use eco-friendly objects and celebrate festival in an environmentally safe manner. She further guided the students to zealously work as Eco-soldiers to protect and sustain the health of environment. http://hmvnews.blogspot.com/2016/08/hmv-celebrates-rakhi-in-unique-style.html</p>	
<p>Janamashtami 25.08.2016</p>	<p>The birthday of Lord Krishna was celebrated in the hostel of Hans Raj Mahila Maha Vidyalaya. Hostellers decorated the prayer hall and Jhoola of Lord Krishna beautifully. The religious festival was organized in accordance with Hindu rituals and customs. They recited Bhajan of Lord Krishana. https://www.hrmmv.org/document/s/hmvnews/HMV%20News%20June%202016.pdf (page 20)</p>	
<p>International Literacy Day 08.09.2016</p>	<p>Panning Forum, Department of Economics celebrated International Literacy day. The celebrations were marked by a poster making competition in which students participated with great enthusiasm and showcased their talent. https://www.hrmmv.org/document/s/hmvnews/HMV%20News%20June%202016.pdf (page 28)</p>	

<p>Voters' Day Organised 28.09.2016</p>	<p>The NSS wing and Political Science Department collaboratively organized a Voters' Day in the college. The students were made aware of the worth of their voter identities. Dr. Rajiv Kumar, Asstt. Prof. in Political Science acquainted the students with the process of creating new votes. http://hmvnews.blogspot.com/2016/09/voters-day-organized-by-nss-wing-of-hmv.html</p>	
<p>Gandhi Jayanti 02-10-2016</p>	<p>Centre for Gandhian Studies and Political Science Department of Hans Raj Mahila Maha Vidyalaya celebrated Gandhi Jayanti on 2nd October, 2016. Principal Dr. (Mrs.) Ajay Sareen highlighted the major events from the life of Gandhi Ji and advised the students to follow the path shown by Mahatma Gandhi. She also guided them to serve the nation in the manner Mahatma Gandhi did. http://hmvnews.blogspot.com/2016/10/hmv-celebrates-gandhi-jayanti.html</p>	
<p>Sardar Vallabh Bhai Patel Jayanti 31.10.2016</p>	<p>HMV holds Rashtriya Ekta Saptah from 31 October to 6 November, 2016 to honour the memory of Sardar Vallabh Bhai Patel. https://www.hrmmv.org/document/s/hmvnews/HMV%20News%20Ju</p>	<p>October 31 HMV salutes Sardar Vallabh Bhai Patel Hans Raj Mahila Maha Vidyalaya holds Rashtriya Ekta Saptah from Oct. to 6th Nov., 2016 to honour the memory of Sardar Vallabh Patel and thereby becoming a part of nationwide campaign. Political Science organized Unity Run and slogan contests.</p>

<p>Netaji Subhash Chandra Bose Jayanti Celebrated</p> <p>24.01.2017</p>	<p>ne%202016.pdf (page 45)</p> <p>Principal, staff and students of Hans Raj Mahila Maha Vidyalaya celebrated the 120th birth anniversary of Netaji Subhash Chandra Bose in the Morning Assembly. Netaji formed Indian National Army and contributed to the freedom of India with his concerted efforts. Principal Dr. (Mrs.) Ajay Sareen, Dean Student Council and other staff members paid tribute to this legendary figure by offering flowers and remembered his great sacrifice towards the country</p> <p>http://hmvnews.blogspot.com/2017/01/hmv-celebrates-netaji-subhash-chandra.html</p>	
<p>Festival of Bonfire Lohri celebrated</p> <p>12.1.2017</p>	<p>Lohri, the festival of bonfire, was celebrated on the campus of Hans Raj Mahila Maha Vidyalaya. The chief guests were Dr. Sushma Chawla (DAVLMC), Bibi Surjeet Kaur (famous poetess), and Madam Tajinder (theatre artist). Principal Prof. Dr. (Mrs.) Ajay Sareen gave good wishes to all present on the auspicious occasion of Lohri and stressed upon celebrating Lohri by ending discrimination between boys and girls.</p> <p>https://www.jagran.com/punjab/jalandhar-city-hmv-college-15369087.html</p> <p>https://www.facebook.com/hmvcollege/photos/a.274614696012023/912496662223820/?type=3&theater</p>	



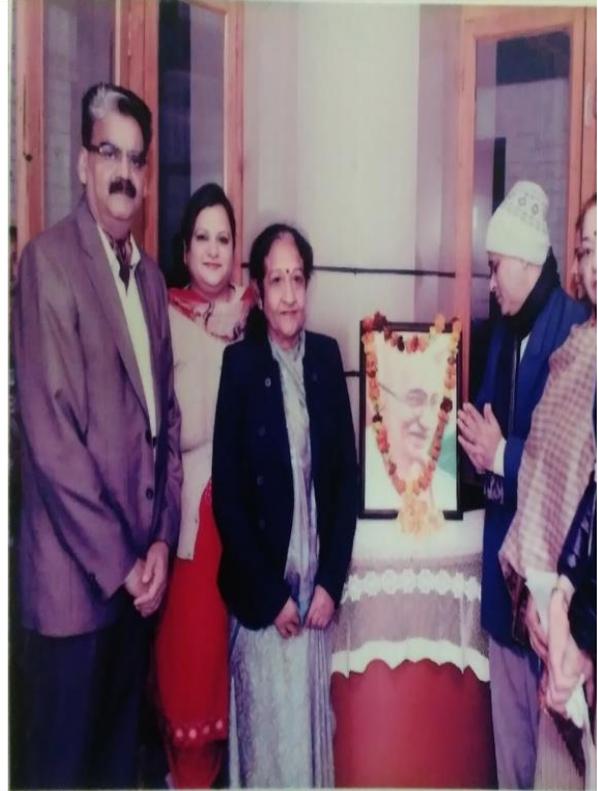
<p>National Youth Day</p> <p>18.01.2017</p>	<p>The NSS Unit and Youth Welfare Department of Hans Raj Mahila Maha Vidyalaya celebrated National Youth Day under the guidance of Principal Dr. (Mrs.) Ajay Sareen. During this event, Mrs. Urvashi, Asstt. Prof. has given information regarding digitalization of India. She also told about the different procedures to buy and sell goods without paying money in cash under 'Digital India' to college students and staff members.</p> <p>http://hmvnews.blogspot.com/2017/01/hmv-celebrated-national-youth-day.html</p>	
<p>National Voters' Day Celebrated</p> <p>25.01.2017</p>	<p>7th National Voters' Day was celebrated in Hans Raj Mahila Maha Vidyalaya. The programme started with lighting of the lamp by Principal Prof. Dr. (Mrs.) Ajay Sareen and the chief guest Deputy Commissioner-cum-Distt. Election Officer, Sh. Kamal Kishore Yadav. Principal Prof. Dr. (Mrs.) Ajay Sareen awakened the youth to cast their votes responsibly. The message of Chief Election Officer Dr. Naseem Zaidi was also telecasted.</p> <p>http://hmvnews.blogspot.com/2017/01/national-voters-day-celebrated-at-hmv.html</p>	

Mahatma Gandhi was remembered on his Martyr Day

30-01-2017

In the morning assembly at Hans Raj Mahila Maha Vidyalaya, Jalandhar, the Father of Nation, Mohan Dass Karamchand Gandhi was remembered on his Martyr's Day. Coordinator, Centre for Gandhian Studies, HMV, Dr. Rajiv Kumar addressed the students and said that the Martyr's day of Mahatma Gandhi is also known as Sarvodaya Day.

<http://hmvnews.blogspot.com/2017/01/mahatma-gandhi-was-remembered-on-his.html>



Basant Utsav-

02-02-2017

The Music Vocal and Music Instrumental departments of Hans Raj Mahila Maha Vidyalaya celebrated Basant Utsav in the newly built Mahatma Anand Swami Performing Arts Block of the college. Asstt. Editor of Ajit Group of Publications Sh. Satnam Manik was the chief guest of the occasion. Secretary Harivallabh Sangeet Mahasabha Sh. Deepak Bali and Member Local Committee Sh. Surendra Seth were the special guests.

<http://hmvnews.blogspot.com/2017/02/hmv-celebrated-basant-utsav.html>



National Science Day

03.03.2017

CV Raman Science Society of Hans Raj Mahila Maha Vidyalaya celebrated National Science Day. On this occasion, environmental awareness was created among the students by organizing power point presentation, poster presentation and slogan writing competitions on the theme Energy Conservation. Principal Dr. (Mrs.) Ajay Sareen addressed the students and motivated them to conserve energy for their letter future by following small steps in the daily routine.

<http://hmvnews.blogspot.com/2017/03/national-science-day-celebrated-at-hmv.html>



International Women's day celebrations

08.03.2017

The Women Empowerment cell of college celebrated International Women's Day in the campus. The students of psychology department of the college presented a Nukkad Natak 'khud ki khoj', depicting the problems faced by the Women.

<http://hmvnews.blogspot.com/2017/03/hmv-celebrated-international-womens-day.html>



Celebration of Organic Holi

12.03.2017

Environment Club of Hans Raj Mahila Maha Vidyalaya celebrated Organic Holi in the premises. On this occasion, organic colours prepared by tribal woman from flowers of Rose, Cassia, Mehndi leaves, Palash were brought for staff and students of the college. A poster making/slogan writing competition on the theme 'Eco-friendly Holi' was also organized.

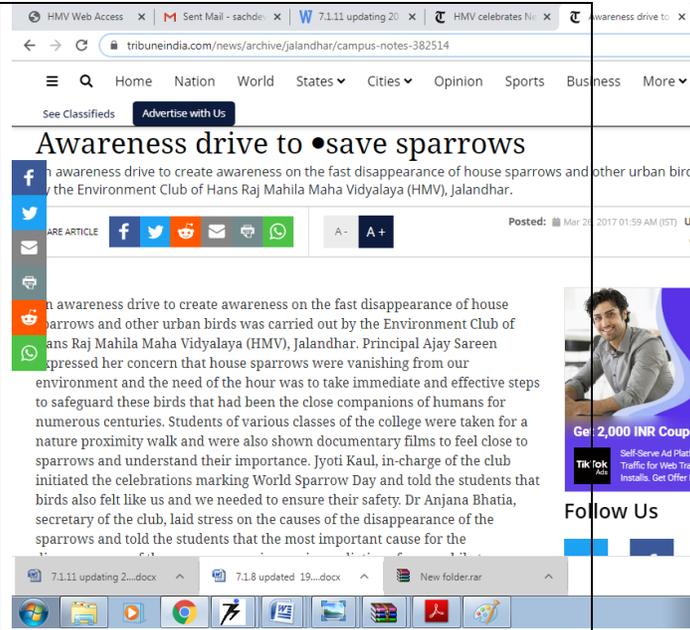
<http://hmvnews.blogspot.com/2017/03/hmv-celebrated-organic-holi.html>



<p>HMV celebrated π (pie) day 14.03.2017</p>	<p>The Mathematics department celebrated Pie day. On this occasion, Inter college competitions of Power Point Presentation, Poster Presentation and Mathematical Skit were held. The Chief Guest of the occasion was Prof. Pammy Manchanda, Head of Maths Deptt., GNDU Amritsar. Dr. Shelly Garg from DAV University was the Guest of Honour.. http://hmvnews.blogspot.com/2017/03/hmv-celebrated-pie-day.html</p>	
<p>Awareness to save sparrows 25.03.2017</p>	<p>An awareness drive to raise consciousness regarding the fast disappearing house sparrows and other urban birds was carried out by Environment Club of HMV, Jalandhar. Principal Dr. (Mrs.) Ajay Sareen expressed her concern that our house sparrows are fast vanishing from our environment and the need of the hour is to take immediate and effective steps to safeguard the life of these birds who have been close companion of humans for numerous centuries. http://hmvnews.blogspot.com/2017/03/hmv-creates-awareness-to-save-sparrows.html https://www.tribuneindia.com/news/archive/jalandhar/campus-notes-382514</p>	

World Earth Day
22.04.2017

World Earth Day was celebrated in the premises of Hans Raj Mahila Maha Vidyalaya. Principal Prof. Dr. (Mrs.) Ajay Sareen expressed her concern on planet issues and urged the students to become saviours of the planet. She stressed that Environment is not external but internal. The polluted rivers, air and soil indicate toxicity in our blood. On World Earth Day, the students were made aware about the alarming climate change situations by showing documentaries, speeches and debates.
<http://hmvnews.blogspot.com/2017/04/hmv-expresses-concern-on-climate-change.html>



<p>Celebration of World Press freedom day to support freedom of press</p> <p>04.05.2017</p>	<p>In a drive to raise consciousness apropos the right of free speech and free press carried out in the premises of HMV on the World Press Freedom Day, Principal Prof. Dr. (Mrs.) Ajay Sareen, Mrs. Ramnita and Dr. Anjana Bhatia called for the freedom of press. On this occasion, students participated in Declamation and Quiz. Students also put up banners to support freedom of press.</p> <p>http://hmvnews.blogspot.com/2017/05/hmv-celebrates-world-press-freedom-day.html</p>	
<p>Chhabeel Organised on Nirjala Ekadashi</p> <p>05.06. 2017</p>	<p>Chhabeel was organized for public outside the college on the occasion of Nirjala Ekadashi.</p> <p>http://hmvnews.blogspot.com/2017/06/hmv-celebrated-nirjala-ekadashi.html</p>	

<p>Celebration of International Day of Yoga</p> <p>21.06.2017</p>	<p>On the occasion International Day of Yoga, Yoga guru Sh. Pawan Kumar, Principal Dr.(Mrs.) Ajay Sareen along with the staff and students of the college performed the asanas. All students pledged to make yoga an integral part of their lives.</p> <p>http://hmvnews.blogspot.com/2017/06/international-day-of-yoga-celebrated-at.html</p>	
<p>Session 2015-16</p>		
<p>Teej Festival organized</p> <p>13.08.2015</p>	<p>On this occasion, Mrs. Sarojini Gautam Sharda, Addl. Commissioner, Excise and Taxation and Mrs. Usha Kapoor, Retired Principal and Social activist graced the occasion. The students performed Giddha, Folk Orchestra, Solo Song, Sufi Song and a bouquet of songs. Importance of Punjabi attire, Miss Harmanpreet Kaur was Keeping in mind the chosen as Ms. Teej, Km. Anshu was First Runner Up and Second Runner Up was Miss Arohi.</p>	

Janamashtami
08-09-2015

The birthday of Lord Krishna was celebrated in the hostel of Hans Raj Mahila Maha Vidyalaya. Hostellers decorated the prayer hall and Jhoola of Lord Krishna beautifully. The religious festival was organized in accordance with Hindu rituals and customs. They recited Bhajan of Lord Krishna.
<http://hmvnews.blogspot.com/search?q=janamashtami>



Celebration of Gandhi Jayanti
02.10.2015

A special Morning assembly was organized to pay tribute to Father of the Nation Mahatma Gandhi on the occasion of Gandhi Jayanti. Principal Dr. Rekha Kalia Bhardwaj paid tribute with flowers. Km. Surbhi Kohli recited a poem. Km. Radha of presented her thoughts on Gandhi Ji. The students of Music Department sang a Bhajan during the assembly. Dr. Rajiv Kumar of Pol. Sc. Deptt. also addressed the students and encouraged them to follow in the footsteps of Mahatma Gandhi.
<http://hmvnews.blogspot.com/2015/10/hmv-celebrated-gandhi-jayanti-in.html>



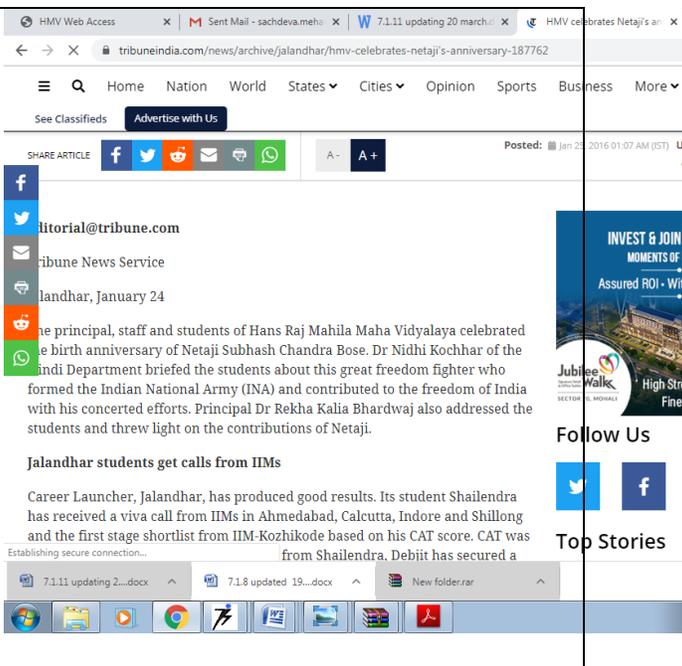
<p>Diwali Fiesta organized</p> <p>09.11.2015</p>	<p>Fashion Designing and Home Sc. Deptt. organized an Exhibition-cum-Sale 'Diwali Fiesta'. It exhibited materials like Candles, Diyas, Wall Hangings, Handicrafts, Jewellery garments, Upholstry etc., all prepared by the students of Fashion Designing and Home Sc. Deptt.</p> <p>http://hmvnews.blogspot.com/2015/11/hmv-organized-diwali-fiesta-9112015.html</p>	
<p>Prabhat Pheri on Gurpurab</p> <p>24.11.2015</p>	<p>The birth anniversary of the first Guru of Sikh religion, Guru Nanak Dev Ji was celebrated with full gusto and enthusiasm in the HMV Hostel. Prabhat Pheri was taken out in the entire campus as well hostels. Paths were read in full devotion by the students. Langer was served for everyone. Shabads were also sung by the students.</p> <p>http://hmvnews.blogspot.com/2015/11/hmv-hostellers-organized-prabhat-pheri.html</p>	

<p>Birth Anniversary of Sardar Vallabh Bhai Patel Celebrated</p> <p>01.12.2015</p>	<p>NSS and NCC Department celebrated the Birth Anniversary of Sardar Vallabh Bhai Patel by paying a tribute to the great leader in the morning assembly on 1st Dec. 2015. The students took pledge to work in the spirit of brotherhood and national unity.</p> <p>http://hmvnews.blogspot.com/2015/11/hmv-celebrated-vallabh-bhai-patel.html</p>	
<p>Lohri</p> <p>13.01.2016</p>	<p>Lohri was celebrated in the hostel of Hans Raj Mahila Maha Vidyalaya, Jalandhar with great enthusiasm in the presence of Principal Dr. Rekha Kalia Bhardwaj. Students danced and performed a Giddha and Punjabi Folk Songs. Everybody enjoyed the moment and wished 'Happy Lohri' to each other.</p> <p>http://hmvnews.blogspot.com/2016/01/lohri-celebration-in-hmv-hostel-13012016.html</p>	

Netaji Subash Chander Bose Anniversary

24.01.2016

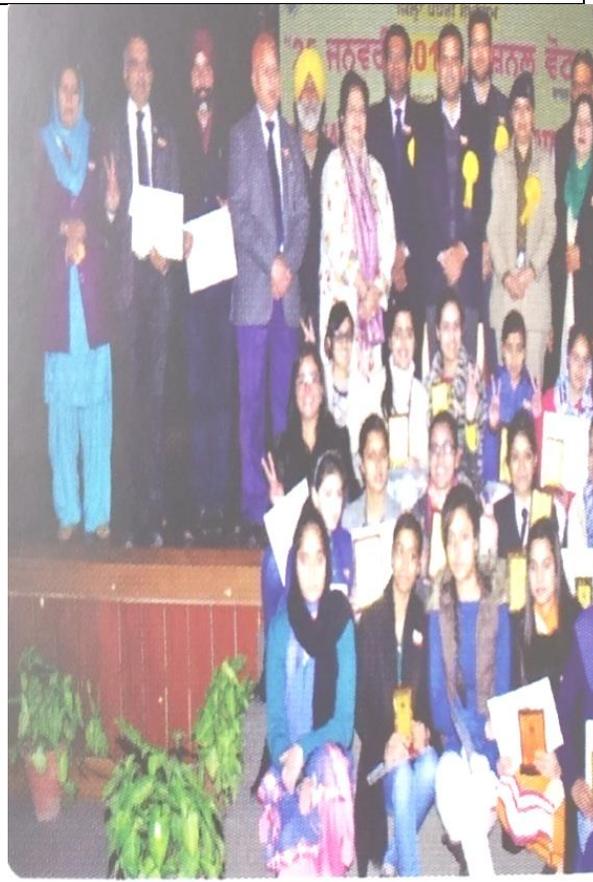
The principal, staff and students of Hans Raj Mahila Maha Vidyalaya celebrated the birth anniversary of Netaji Subhash Chandra Bose. Dr Nidhi Kochhar of the Hindi Department briefed the students about this great freedom fighter who formed the Indian National Army (INA) and contributed to the freedom of India with his concerted efforts. Principal Dr Rekha Kalia Bhardwaj also addressed the students and threw light on the contributions of Netaji.
<https://www.tribuneindia.com/news/archive/hmv-celebrates-netaji-s-anniversary-187762>



National Voters' Day Celebrated

25.01.2016

On this occasion, a district level event was organized in the college premises in which Deputy Commissioner IAS Kamal Kishore Yadav was invited a chief guest. Along with him, Addl. Dy. Commissioner IAS Girishi Dayalan, IPS ADCP Traffic Amneet Kondal, Election Tehsildar Raj Kumar Tangari, Surjit Lal, Distt. Language Officer Amarjit Kaur and Gurjit Singh were present. Mrs. Nita Malik, HOD Pol.Sc. was the Coordinator of the programme.



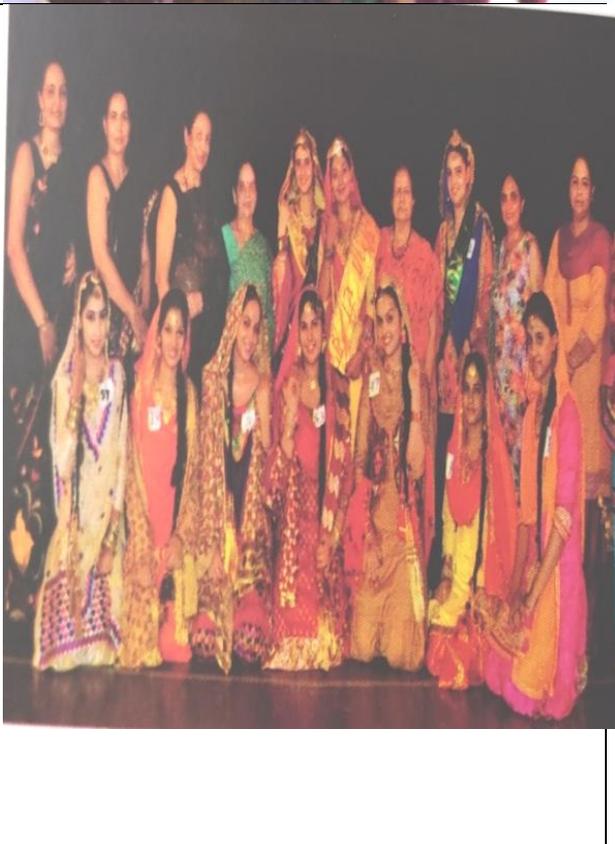
Wek Long Celebration of Republic Day

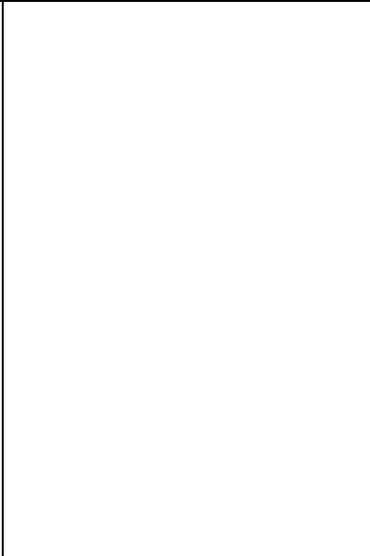
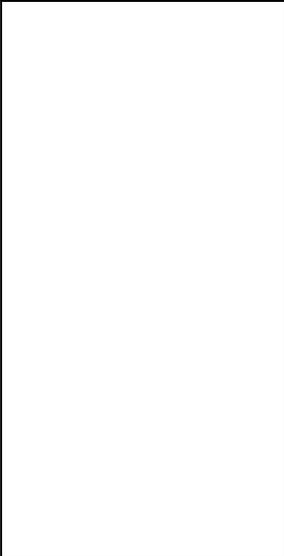
Republic Day Week was celebrated by the political science forum of Hans Raj Mahila Maha Vidyalayain the

<p>28-01-2016</p>	<p>morning assembly. http://cityairnews.com/content/repub-lic-day-week-celebrated-hmv</p>	
<p>National Girl Child Day 30.01.2016</p>	<p>A Poster and Collage Making Competition on Female Feticide and Women Education to create awareness among students to observe National Girl Child Day. Gursharanpreet, Kanupriya, Princy bagged First, Second and Third prize in Collage Making. Prabhjot, Kanupriya and Tanya bagged First, Second and Third prize in poster making.</p>	
<p>International Women Day Celebrations 08.03.2016</p>	<p>Women empowerment cell organized Nukkad Natak on the title 'Humse Mile', written and directed by Dr. Nidhi Kochhar from Hindi Department. This was a satire on Dowry, Female Feticide, domestic violence</p> <p>https://www.cityairnews.com/content/hmv-celebrated-international-women-day</p>	 <p> cityairnews.com/content/hmv-celebrated-international-women-day RS. 24 BUY ONLINE STAG APPLY </p> <p>Author(s): Rajat Kumar</p> <p>Jalandhar, March 8, 2016: The Women Empowerment Cell of Hans Raj Mahila Maha Vidyalaya organized a campus rally and Nukkad Natak on the occasion of International Women's Day. Principal Dr. Rekha Kalia Bhardwaj inaugurated the rally. The students were carrying the posters and banners depicting women empowerment through slogans. The rally was lead by Principal Dr. Rekha Kalia Bhardwaj, Dr. Ashmeen Kaur, Incharge Women Empowerment Cell and Mrs. Kuljeet Kaur Athwal, Co-Incharge of the cell. After the rally, the students performed Nukkad Natak in the campus. The title of the Natak was "Humse Mile", written and directed by Dr. Nidhi Kochhar from Hindi Deptt. This natak was a satire on like Dowry, Female Foeticide and Domestic violence. The Nukkad Natak and campus rally was appreciated by Principal Dr. Rekha Kalia Bhardwaj. On this occasion, Dean Holistic Development Dr. Jasbir Rishi, Dean Academics Mrs. Meenakshi Syal, Dean Youth Welfare Mrs. Navroop and others were also present.</p> <p>Date: Tuesday, March 8, 2016</p>

<p>Commerce Day 19.03.2016</p>	<p>PG Department of Commerce Day Celebrations in the memory of father of scientific management, F.W.Taylor and to play tribute for his contributions in the field of management. Gulfam Viridi presented a power point presentation on highlighting the importance of commerce day.</p>	
<p>World Blood Donors Day 13.06.2016</p>	<p>World Blood Donors Day is celebrated by Youth organisation 'PAHAL' on 13-06-2016 at Red Cross Bhawan, in collaboration with HMV, Jalandhar. In collaboration with Indian red cross society and Punjab state aids control society, this program was organised. In this event, many blood donating organisations and regular blood donors were honoured by Prof. Lakhbir Singh, President 'PAHAL. District civil judge senior division and district secretary Mr. Gurmeet Tiwana (P. C. S) inaugurated this program by donating blood himself.</p>	
<p>International Yoga Day 21.06.2016</p>	<p>International Yoga Day was organized by the NSS department of Hansraj Mahila Mahavidyala, Jalandhar under the direction of Principal Por (Dr) Ajay Sreen Ji at the college campus. http://hmvnews.blogspot.com/2016/07/hmv-celebrated-international-yoga-day.html</p>	

Session 2014-15

<p>World Population Day 11.07.2014</p>	<p>Planning Forum celebrated World Population Day. Awareness was created about the importance of controlling the rising population and problems faced by India due to over population with the help of logos, posters and speeches.</p>	
<p>Teej Celebrations organized 09.08.2014</p>	<p>Activities like Giddha, Modelling, Folk Orchestra, Group Song marked the fervor of Teej celebrations organized on 9th Aug., 2014 in the college auditorium. Dr. Sushma Chopra, Director, Patel Hospital presided over the occasion. Dr. Sushma Chawla, President AIMA, Chawla Nursing Home was the Chief Guest. She lay emphasize on women empowerment and women education and appreciated the efforts of the students.</p> <p>http://colleges219.rssing.com/browser.php?indx=7279023&item=2026</p>	



Independence Day
14.08.2014

Political science forum and History association hosted the national flag in the campus. On this occasion patriotic songs were sung by the students and they also paid tribute who laid down their lives for India's Freedom



World Mosquito Day
28.08.2014

Awareness was organized on World Mosquito Day by Zoology Department in which class fourth employees were given awareness about the causes and control of Malaria.



Gandhi Jayanti Celebrated

02.10.2014

Birth Anniversary of the Father of the Nation, 'Mahatma Gandhi' was celebrated in the morning assembly to pay homage to him for his deeds. The students of the Music Deptt. chanted Gayatri Mantra and the most melodious Bhajan of the era 'Itni Shakti Hamen Dena Data' which filled the whole scenario with positivity and a sense of belongingness. Km. Vanita, Head Girl of the college recited a poem entitled 'Mohan Das Karam Chand Gandhi'.

http://colleges219.rssing.com/chan-7279023/all_p117.html



**Diwali Fiesta
Exhibition
organized**

**21.10.2014 to
22.10.2014**

Diwali Fiesta exhibition was organized by Fashion Designing, Home Sc., BD and BFA Deptts. on 21st & 22nd Oct. 2014. Students made hand made articles like candles, diyas, photo frames, house hold articles, accessories and jewellery, nail art, bags, other decorative items etc.



**Green Diwali
celebrated in
College hostel**

23.10.2014

Diwali was celebrated in the hostel with enthusiasm and gusto. Hostel Inmates prayed to God and pledged to contribute in environment protection by saying no to crackers.





Nirvaan Diwas of Swami Dayanand Saraswati Observed
30.10.2014

Nirvaan Diwas of Swami Dayanand Saraswati was observed in the morning assembly by giving musical tribute. Students of Music Deptt. Sang the bhajan 'Chamkenge Jab Tak Chand Suraj Taare.....Hum Hai Rishi Dayanand Tab Tak Rinni Tumhare' under the guidance of Dr. Prem Sagar. Principal Dr. Rekha Kalia Bhadwaj enlightened the students with Swami Ji's contribution in fight against social evils and the role, he played in women empowerment.



National Ekta Divas

31.10.2014

National Ekta Divas was celebrated in the morning assembly on the birth anniversary of Sh. Vallabh Bhai Patel under the direction of our Prime Minister in 31 October, 2014. National Unity Race was also organized in which the staff and students participated actively.



ਪੰਜਾਬੀ ਜਾਗਰਣ

ਮੋਕਸ਼ਮਾਸ, 2 ਨਵੰਬਰ 2014
ਹੋਸ਼ ਰਾਜ ਮਹਿਲਾ ਵਿਦਿਆਲਾ 'ਚ ਰਾਸ਼ਟਰੀ ਏਕਤਾ ਦਿਵਸ ਮਨਾਇਆ
 ਹੋਸ਼ ਰਾਜ ਮਹਿਲਾ ਵਿਦਿਆਲਾ ਵਿਖੇ 31 ਅਕਤੂਬਰ 2014 ਨੂੰ ਰਾਸ਼ਟਰੀ ਏਕਤਾ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਮੌਕੇ ਸਕੂਲ ਦੀ ਪ੍ਰਿੰਸੀਪਲ ਸ਼੍ਰੀਮਤੀ ਗੁਰਮਿੰਦਰ ਕੌਰ ਨੇ ਸ਼ਾਮਲ ਸਾਰੀਆਂ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਏਕਤਾ ਦਿਵਸ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਸੰਬੰਧਿਤ ਗੱਲਾਂ ਦੱਸੀਆਂ। ਇਸ ਮੌਕੇ ਸਕੂਲ ਦੇ ਸਟਾਫ਼ ਅਤੇ ਸ਼ਿਸ਼ੂਆਂ ਨੇ ਮਿਲਕੇ ਇੱਕ ਰਾਸ਼ਟਰੀ ਏਕਤਾ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ।

ਮੈਟ੍ਰੋ
 ਏਨਕਾਊਂਟਰ

ਮੋਕਸ਼ਮਾਸ, 2 ਨਵੰਬਰ 2014
ਏਚ.ਐਮ.ਵੀ. ਮੈਂ ਸਵਾਮੀ ਦਯਾਨੰਦ ਸਰਸਵਤੀ ਕੋ ਯਾਦ ਕੀਆ
 ਏਚ.ਐਮ.ਵੀ. ਮੈਂ ਸਵਾਮੀ ਦਯਾਨੰਦ ਸਰਸਵਤੀ ਕੋ ਯਾਦ ਕੀਆ। ਇਸ ਮੌਕੇ ਸਕੂਲ ਦੇ ਸਟਾਫ਼ ਅਤੇ ਸ਼ਿਸ਼ੂਆਂ ਨੇ ਮਿਲਕੇ ਇੱਕ ਏਕਤਾ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ।

Guru Nanak Dev ji's Gurburab

06.11.2014

Prabhat Pheri was organized in the hostel premises on the occasion of Guru Nanak Dev ji's Birthday. The inmates organized the activity with devotion and distributed Prasad.



		
<p>Voting Awareness day 11.11.2014</p>	<p>Different competitions on Poetry Recitation, Rangoli and Paper Reading Contest were organized on the recommendation of DC Office on the topic Voting Awareness on 11th Nov., 2014 and the report was sent to DC Office. https://www.hrmmv.org/documents/hmvnews/HMV%20News%20Vol.%2036_opt.pdf (pg.</p>	
<p>Nirvan Divas of Mahatma Hans Raj 15.11.2014</p>	<p>Nirvan Divas of Mahatma Hans Raj ji was celebrated in the morning assembly. Dean student council threw light on the life of Mahatma Hans Raj and Mrs. Archana Kapoor told the students that this day was being celebrated as Astha Divas by the DAV institutions.</p>	

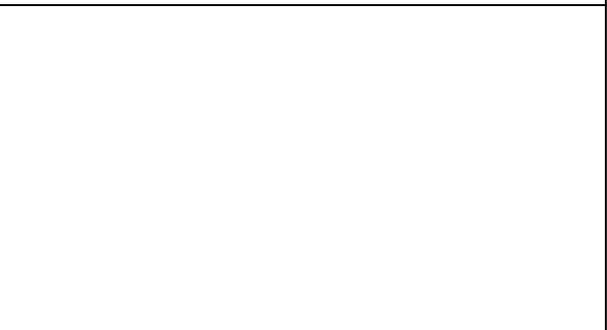


Nirvan Divas of Mahatma Dayanand
21.12.2014



Nirvan Divas of Mahatma Dayanand ji was celebrated in the college.



<p>National Youth Day 12.01.2015</p>	<p>National Youth Day was organized on 12th Jan. 2015 on the birth anniversary of Swami Vivekanand Ji in which Dr.Sanjeev Dawar, Prof. R.K. Arya College, Nawanshahar and Member Vivekanand Study Circle, Punjab highlighted the role of Swami ji in nation building, youth motivation and promoting secularism. https://www.hrmmv.org/documents/hmvnews/HMV%20News%20Vol.%2036_opt.pdf (pg.35/81)</p>	
<p>Republic Day 26.01.2015</p>	<p>The political Science Forum and History Association celebrated Republic Day in the morning assembly. Students expressed their views on the importance of our constitution and its historical background in the form of speeches, poetry and memorable thoughts. https://www.hrmmv.org/documents/hmvnews/HMV%20News%20Vol.%2036_opt.pdf (pg.31/80)</p>	
<p>Maharshi Dayanand Jayanti and Rishi Bodhotsav 16.02.2015</p>	<p>Principal, staff and students of Hans Raj Mahila Maha Vidyalaya celebrated Maharshi Dayanand Jayanti and Rishi Bodhotsav in the morning assembly. https://www.cityairnews.c</p>	

[om/content/hmv-celebrates-maharshi-dayanand-jayanti-and-rishi-bodhotsav](http://cityairnews.com/content/hmv-celebrates-maharshi-dayanand-jayanti-and-rishi-bodhotsav)



Author(s):
Rajat Kumar

Maharshi Dayanand Jayanti and Rishi Bodhotsav being celebrated at Jalandhar.

Jalandhar, February 16, 2015: Principal, staff and students of Hans R Maha Vidyalaya celebrated Maharshi Dayanand Jayanti and Rishi Bod Morning Assembly. Manpreet of B.Com.II and Simran Kaur of 10+1 life and achievements of Swami Dayanand, a great social reformer of Century.

Dr.Mahima Khosla and Archana Kapoor deliberated on contribution of Dayanand to the making of a better society by uprooting the social e criticising the religious superstitions.

Parduman from Music Department presented bhajans on this occasio

Principal Dr. Rekha Kalia Bhardwaj motivated the students to follow t shown by this great thinker.

Date:
Monday, February 16, 2015

National Science Week

28.02.2015

National Science Day is celebrated to spread a message about the importance of science used in the daily life of the people. To display all the activities, efforts and achievements in the field of science for human welfare. It is celebrated to discuss all the issues and implement new technologies for the development in the field of science. To give an opportunity to the scientific minded citizens in India. To encourage the people as well as popularize science and

	<p>technology.</p> <p>https://www.google.com/search?q=national+science+week+hmv+jalandhar&rlz=1C1RLNS_enIN875IN875&tbm=isch&source=iu&ictx=1&fir=e8oB615Iw0jmIM%253A%252CWkXQY6xQcaBW1M%252C_&vet=1&usg=AI4-kRcobNDB2qcuJ1z7bjWPMIYz7U4zg&sa=X&ved=2ahUKEwjS5vPE2JT0AhUCA3IKHf_ADgwQ9QEwAnoECAwQBO#imgsrc=e8oB615Iw0jmIM:https://www.cityairnews.com/content/science-day-celebrated-hmv</p>	
<p>International Women's Day</p> <p>08.03.2015</p>	<p>The Women empowerment Cell celebrated International Women's Day on 08.03.2015. Various competitions were organized on this occasion.</p> <p>https://www.hrmmv.org/documents/hmvnews/HMV%20News%20Vol.%2036_opt.pdf (pg.24/81)</p>	
<p>Pie Day</p> <p>14.03.2015</p>	<p>The mathematics department organized an Inter class essay writing competition as celebration of Pie-day. 33 students of different classes of Mathematics department participated in this competition.</p> <p>https://www.hrmmv.org/documents/hmvnews/HMV%20News%20Vol.%2036_opt.pdf (pg.24/91)</p>	

World Earth Day
26.04.2015

Chandrayaan VIPNET Club of Department of Physics celebrated World Earth day in which theme chosen was “Save Earth Save Environment Save Water”.

https://www.hrmmv.org/documents/hmvnews/HMV%20News%20Vol.%2036_opt.pdf (pg.25/81)

